Name	Grade
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Date/Instructor	Basic Chess S	kills	
1.	Demonstrates how the Rook moves.	r	
2.	Demonstrates how the Bishop moves.	b	
3.	Demonstrates how the King moves.	k	
4.	Demonstrates how the Queen moves.	q	
5.	Demonstrates how the pawn moves.	р	
6.	Demonstrates how the Knight moves.	n	
7.	Demonstrates how to castle Queen-side and King-side.		
8.	States the relative value of the pieces.		
9.	Demonstrates a check and checkmate.		
10	. Explains the touch move rule.		
11	. Mates the instructor with King and Quee	en versus King.	
12	. Mates the instructor with King and Rook	versus King.	
13	. Demonstrates a pin.		
14	. Demonstrates a fork.		
15	. Demonstrates a back-rank mate.		
16	. Demonstrates a discovered attack.		
17	. Explains the terms diagonal, rank, and fil	le.	
18	. Explains the terms center and developme	ent.	
19	. Explains the three ways to get out of che	eck.	
20	. Explains the difference between important	nt and powerful.	
21	. Demonstrates stalemate.		

The USA Junior Chess Olympics Training Program: Morphy Level 140 School Street - Bradford, PA 16701 - 814-368-8009