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Kenilworth Centennial

Freedom Run and Walk

5K Run/
2K Walk



Sunday, September 16, 2007
10 a.m.
(rain or shine)

Starting from:
Kenilworth North 21st/N. 22nd Street
Municipal Parking Lot
(behind Kenilworth Seniors' Center)

Starting/Finishing Location:
North 21st/N. 22nd Street Parking Lot (behind Kenilworth Seniors' Center), Kenilworth, N.J.

Sept. 16 Schedule:
Registration/Package Pickup: 8:30 a.m.
5K Run Starts: 10 a.m.
2K Walk Starts: 10 a.m.

Entry Fees for 5K Run:
Advance Registration by Sept. 10: \$17
USATF Members (by Sept. 10): \$15
After Sept. 10: \$20

Entry Fee for 2K Walk: \$5

Advance registration for run and walk is recommended to ensure T-shirt availability.

Course:
USATF Certified — Rolling, flat and hills, through tree-lined streets of historic, residential Kenilworth. Two water stops.

Age Groups:
10 years: 14 and under to 75 and over

Awards (5K Run):
Top Overall Male and Female Finisher
Top Three Male & Female (each age group)

5K Run Scoring: CompuScore Computer Services
Results (same day): www.compuscore.com

Amenities: T-shirts, refreshments, other

For further information, call: 908-276-9090



Kenilworth Centennial Core Planning Committee:
Donna Astone,* Barbara and Howard Bailey, Bob Beiner*, Mark Bistis, Gary Butler, Rudy Cammarota*, Darlene and Sal Candarella, Joyce Chiappetta, Sal Cirillo, Barbara Colby, Carmela Colosimo, Kathleen Czarnecki, Mayor Gregg David, Fran Day, Sister Domenica DiPeri, Police Chief William Dowd, Shirley Edwards*, Erica Ferry, Kathi Fiamingo*, Barbara Foster, Lt. Ken Grady*, Lt. William Hannon, Robert Herbert, Pat Howarth, Pat Hubinger, Connie Jakub, Hedy Lipke*, Jonathan Lipke, Carol Lospinoso, Karen Lucadema, Livio Mancino*, Janice Marsili, Shirley Maxwell*, Jane and Tom McHale, Peter Mercurio, Loretta Mireault, Barbara Morison, Kathi Moschitta*, Kathy Murphy, Jennie Myers, MaryAnn Raimondi, Jerry Ramos, Joe Renna, Susan Ryan, Patti Smith*, Brian Soos, Fred Soos, Dale Spindel, Elizabeth Vanardenne,*Paul Walushen, Rev. Mildred Williams, Michael Wojcio*

* Member of Kenilworth Centennial 5K/2K Event Subcommittee who planned and coordinated the Sept. 16, 2007, Freedom Run and Walk.

Centennial Committee Chair: Shirley Boyden Maxwell
Education Committee Chair: Fran Day
Entertainment Committee Chair: Rudy Cammarota
Finance/Fundraising Committee Chair: Hedy Lipke
Parade Committee Chair: Jerry Ramos
Public Safety Committee Chair: Chief William Dowd
5K/2K Event Subcommittee Chair: Livio Mancino

The Kenilworth Centennial Freedom Run and Walk event is being sponsored by the Kenilworth Centennial Committee in honor of the Borough's 100th anniversary and in conjunction with the national "America Supports You" program, which recognizes residents' support for U.S. troops and communicates such support to members of the Armed Forces at home and abroad. Thank you for your participation!

Directions

From Garden State Parkway, North or South:

Take Garden State Parkway North/South to Exit 138 (marked Kenilworth-Elizabeth southbound and Kenilworth-Roselle Park northbound). Turn left at the end of the exit ramp onto Galloping Hill Road, which becomes the Boulevard. Proceed straight on Boulevard. Turn right onto Michigan Ave. at traffic light. Turn left onto Monroe Ave. and proceed to David Brearley Middle/High School on the left. **(Parking available in the school lot.) To walk to 5K/2K starting point**, exit school parking lot (rear gate), go left and proceed on Washington Ave. to North 21st Street. Turn right and proceed to run/walk starting point (N. 22nd/N.21st Street parking lot behind Seniors' Center) on the left.

From I-78 East/West: Take I-78 East/West to Exit 52 (Garden State Parkway South). Follow directions from Garden State Parkway North/South.

From NJ Turnpike (I-95) North/South: Take NJ Turnpike (I-95) North/South to Exit 14 (marked Newark Airport). After the toll booth at Exit 14, take I-78 West. Take I-78 West to Exit 52 (Garden State Parkway South). Follow directions from Garden State Parkway North/South.

Parking available at David Brearley School, 401 Monroe Ave. (see above).

In-person registration can be done in advance at:
-- Kenilworth Borough Clerk's Office (Kenilworth Municipal Building, 567 Boulevard)
-- Mancino Travel Agency
(624 Boulevard, Kenilworth)

Registration forms are also available at

R.O. Cammarota Agency (510 Boulevard, Kenilworth); on the Kenilworth Centennial Web site (<http://geocities.com/celebrateken/>); and on the CompuScore Web site (<http://www.compucore.com/>).

Mail-in registration: Please send checks (made payable to the Kenilworth Centennial Committee), together with a completed registration form, to:

Kenilworth Centennial Committee
c/o Borough Clerk's Office
567 Boulevard
Kenilworth, N.J. 07033

Optional monetary donations for the U.S. troops are welcome and may be made, in care of the Kenilworth Centennial Committee, at the time of registration.

Proceeds from the 5K Run/2K Walk will help fund the various community activities that are planned during Kenilworth's yearlong 2007 Centennial Celebration.

Kenilworth Centennial Freedom Run (5K) and Walk (2K) (Sept. 16, 2007)

Official Registration Form

One registration form per participant.
Please make checks payable to the Kenilworth Centennial Committee.

Name: _____

Street Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____ e-mail address: _____

Male: ____ Female: ____ Age (on race day): ____ Date of birth: ____

T-Shirt Size: Small: ____ Med.: ____ Large.: ____ XL.: ____ 2X: ____ 3X: ____

5K Freedom Run Registration Fees:

__ \$15 USATF Member (by Sept. 10) USATF Membership #: _____
__ \$17 (advance registration fee, by Sept. 10)
__ \$20 (registration fee, after Sept. 10)

2K Freedom Walk Registration Fee:

__ \$5

Registration fee enclosed: \$ _____

Optional donation to U.S. troops enclosed: \$ _____

Waiver/Release: In consideration of this entry being accepted, I hereby for myself, heirs, executors and administrators waive and release any claims I may have against the Borough of Kenilworth, Kenilworth Centennial Committee, County of Union, USATF, CompuScore, their staff, officers, volunteers, successors and assigns for injuries that may be suffered by me in this event. Further, I state that I am physically able to participate in the 9/16/07 5K Run or 2K Walk.

Signature _____ Date _____

(Parent/guardian signature if participant is under 18 years of age)