

Akhand Jyoti Quotations

1. Do not do unto others what you would not like to be done unto you. **(AJ-July-August-2007)** Page no.7
2. Those who wish to live healthier and longer should make it a habit not to eat anything unless they feel very hungry. **(AJ-July-August-2007)** Page no.8
3. One who has imbibed the virtue of loving kindness has indeed learnt the true art of living. **(AJ-July-August-2007)** Page no.9
4. One who maintains his honesty, courage and patience even in adversity is truly a brave person. **(AJ-July-August-2007)** Page no.10
5. Cowards die several times before death but the brave die only on once. **(AJ-July-August-2007)** Page no. 11
6. Jealousy eats a person in the same way as the moth eats the cloth. **(AJ-July-August-2007)** Page no.12
7. An honest person is like a sparkling diamond among thousand beads. **(AJ-July-August-2007)** Page no.13
8. Share your bread with the needy; this is love-in-action, yagya. **(AJ-July-August-2007)** Page no.14
9. Life is 'time'; those who love life should not waste it in laziness. **(AJ-July-August-2007)** Page no.15
10. Sin always comes with four accomplices-decline, disgrace, distress and disease. **(AJ-July-August-2007)** Page no.16
11. Effective and meaningful teaching is that which is given not by speech but by example. **(AJ-July-August-2007)** Page no.17
12. Being ignorant is not that shameful as lack of eagerness to learn. **(AJ-July-August-2007)** Page no.18
13. Failure only proves that there was something wanting in the effort for achieving success. **(AJ-July-August-2007)** Page no.19
14. Gods become dumb in showering blessings when we turn a deaf ear to their sermons. **(AJ-July-August-2007)** Page no. 20
15. He who makes castles in the air without considering his worth and circumstances makes himself an object or ridicule. **(AJ-July-August-2007)** Page no. 21
16. The most wretched person is one who does not have self-control. **(AJ-July-August-2007)** Page no. 22
17. Put a smile on the inside of your face and the outside will take care of itself. Try it today. **(AJ-July-August-2007)** Page no. 23
18. Every religion is someone's path to God; respect and appreciate your neighbour's faith; and live upto your own. **(AJ-July-August-2007)** Page no. 24
19. Happiness is not an accident. It is first chosen, and then lived. Choose to be happy. **(AJ-July-August-2007)** Page no. 25
20. What we withhold from others is withheld from us. What we give to others comes to us. **(AJ-July-August-2007)** Page no. 26
21. Our judgements tell more about us than they do about our environment. **(AJ-July-August-2007)** Page no. 27

22. Nothing really belongs to us until we appreciate it. **(AJ-July-August-2007)** Page no. 28
23. Laughter is good medicine. Be your own physician and prescribe it regularly. **(AJ-July-August-2007)** Page no. 29
24. Fret not; worry not; stew not; fear not. Exercise your faith in good. **(AJ-July-August-2007)** Page no. 30
25. An interesting world always surrounds one who is interested in it. **(AJ-July-August-2007)** Page no. 31
26. Domestic life is like a sacred grove where the austerities of self-control, service and tolerance have to be performed. **(Aj-July-August-2007)** Page no.32
27. Realize your worth and believe that you are uniquely made by the almighty in the world. **(Aj-July-August-2007)** Page no.33
28. The birth as a human being is easy but it requires a great effort to be humane. **(Aj-July-August-2007)** Page no.34
29. Sincerity is a form of civility – hard discipline for self and generosity towards others. **(Aj-July-August-2007)** Page no.35
30. It is million times better to do what should be written as a sermon than to write a sermon. **(Aj-July-August-2007)** Page no.36
31. Be as generous to others as God is to you. **(Aj-July-August-2007)** Page no.37
32. Wise are those who think before speaking; and fools are those who speak first and think later. **(Aj-July-August-2007)** Page no.38
33. God's love is reserved only for virtuous and responsible persons. **(Aj-July-August-2007)** Page no.39
34. This world would be Heaven if we practice what we preach to our children. **(Aj-July-August-2007)** Page no. 40
35. The fact remains that whosoever listened to the call of God never suffered a loss. **(Aj-July-August-2007)** Page no. 41
36. Pursuing the path of self-awakening is the highest aim of life. **(Aj-July-August-2007)** Page no. 42
37. The best way of paying tribute to Truth is to imbibe it in our conduct. **(Aj-July-August-2007)** Page no. 43
38. Nothing is impossible for a confident, hard working and strong-willed person. **(Aj-July-August-2007)** Page no. 44
39. Strong will power is a must in order to accomplish a noble aim. **(Aj-July-August-2007)** Page no. 45
40. An attitude of fear of change and avoidance of struggle is sheer cowardice. **(Aj-July-August-2007)** Page no. 46
41. Mental laziness is the mother of all evils. **(Aj-July-August-2007)** Page no. 47
42. True beauty resides in cleanliness, simplicity and orderliness. **(Aj-July-August-2007)** Page no. 48
43. True love requires generosity, devotion and sacrifice. **(AJ-July-August-2007)** Page no. 49
44. Properly utilize each and every moment of life; do not sit idle. **(AJ-July-August-2007)** Page no. 50

45. Forget the past, be vigilant of the present, and await the bright future. **(AJ-Sept-Oct -2007)** Page no. 7
46. Soar high, you will see great depths. **(AJ-Sept-Oct -2007)** Page no. 8
47. Be busy like a bee, be discriminative like a swan and be patient like a crane. **(AJ-Sept-Oct -2007)** Page no. 9
48. Prayer is a movement from mastery to mystery. **(AJ-Sept-Oct -2007)** Page no. 10
49. To make another hold his tongue, be you first silent. **(AJ-Sept-Oct -2007)** Page no. 11
50. It is the province of knowledge to speak; and it is the privilege of wisdom to listen. **(AJ-Sept-Oct -2007)** Page no. 12
51. God does not ask for success but for effort. **(AJ-Sept-Oct -2007)** Page no. 13
52. A wise man's day is worth a fool's life. **(AJ-Sept-Oct -2007)** Page no. 14
53. There are three things worth having in the world: love, courage and fun. **(AJ-Sept-Oct -2007)** Page no. 15
54. Difficulties are opportunities for inner growth. **(AJ-Sept-Oct -2007)** Page no. 16
55. Unnecessary possessions are only unnecessary burdens. **(AJ-Sept-Oct -2007)** Page no. 17
56. Greatest victory is least noisy. **(AJ-Sept-Oct -2007)** Page no. 18
57. Obsessive contemplation of negative thoughts is like playing with fire. **(AJ-Sept-Oct -2007)** Page no. 19
58. A wise person is one who neither expects to gain from not fears the future. **(AJ-Sept-Oct -2007)** Page no. 20
59. Wisdom is the constant effort to be better tomorrow than we are today. **(AJ-Sept-Oct -2007)** Page no. 21
60. The biggest enemies of happiness are our obsessive desires. **(AJ-Sept-Oct -2007)** Page no. 22
61. Our thoughts hold the power to build, bend or break our circumstances. **(AJ-Sept-Oct-2007)** Page no.23
62. We have multiplied our possessions; but reduced our values. **(AJ-Sept-Oct -2007)** Page no. 24
63. Balance between knowledge, judgment and actions is true wisdom. **(AJ-Sept-Oct-2007)** Page no.25
64. To be unaware of your own faults is the greatest misfortune. **(AJ-Sept-Oct-2007)** Page no.26
65. Selfishness, ego and carelessness ultimately lead to downfall. **(AJ-Sept-Oct-2007)** Page no.27
66. Don't waste your time waiting for an opportunity. Create one right now. **(AJ-Sept-Oct-2007)** Page no. 28
67. Every sinful act brings sickness, sorrow, downfall and problems. **(AJ-Sept-Oct-2007)** Page no. 29
68. Moving away from laziness and wrongdoing brings one closer to God. **(AJ-Sept-Oct-2007)** Page no. 30

69. To sacrifice oneself for an ideal is the highest form of courage. **(AJ-Sep-Oct-2007)**
Page no.31
70. Generosity, empathy and tenderness are the guidelines of serving others. **(AJ-Sep-Oct-2007)** Page no. 32
71. Everyone, without any discrimination, is entitled to worship Gayatri. **(AJ-Sep-Oct-2007)** Page no. 33
72. To waste time in fruitless pursuits is to hinder one's own self. **(AJ-Sep-Oct-2007)**
Page no. 34
73. To be great is to possess an extraordinary soul in an ordinary body. **(AJ-Sep-Oct-2007)** Page no. 35
74. There is no greater virtue than to inspire someone to righteous action. **(AJ-Sep-Oct-2007)** Page no. 36
75. The Sun is our great teacher. Without respite it tirelessly performs its task of serving the world by giving it light. **(AJ-Sep-Oct-2007)** Page no.37
76. Those who have achieved harmony in their thoughts, words, and actions attain true awakening. **(AJ-Sep-Oct-2007)** Page no.38
77. To improve oneself to the level at which one can serve others is the only worthy ambition. **(AJ-Sep-Oct-2007)** Page no. 39
78. If you want to make friends, you must be friendly. If you want to make peace, you must be peaceful. **(AJ-Sep-Oct-2007)** Page no. 40
79. Identifying one's purpose of life is the biggest fortune. The quest for it starts from within. **(AJ-Sep-Oct-2007)** Page no. 41
80. One who is truly alive gives light to those in darkness. One who is admired awakens hope in those without it. **(AJ-Sep-Oct-2007)** Page no.42
81. Life is nothing but a continuous measure of our potential, the greater we stretch our capabilities the more we can gain from life. **(AJ-Sep-Oct-2007)** Page no.43
82. When we will have begun to place the well-being of others above our own, we will have reached the golden age. **(AJ-Sep-Oct-2007)** Page no.44
83. Every aspect in life has two sides - one good and the other bad; we become the one we keep our focus on. **(AJ-Sep-Oct-2007)** Page no.45
84. Listen to what others say but have the courage to make your own judgment and walk the righteous path. **(AJ-Sep-Oct-2007)** Page no. 46
85. Work for results but don't preoccupy yourself with the result. With perseverance, anything can be achieved. **(AJ-Sep-Oct-2007)** Page no. 47
86. True devotion is to see God in everything, to accept that He is the dispenser of justice, and to constantly avoid wrongdoing. **(AJ-Sep-Oct-2007)** Page no. 48
87. Self-improvement is not only to embetter one's qualities, actions and nature, but also to employ these virtues in embettering one's life. **(AJ-Sep-Oct-2007)** Page no. 49
88. He alone is wise who knows how to repair the broken and heal the wounded. **(AJ-Sep-Oct-2007)** Page no.50

89. To be successful in life it is important to be prepared for all kinds of adverse situations. **(AJ-Nov-Dec -2007)** Page no. 6
90. The first lesson of spirituality is to ask: who am I and what am I? **(AJ-Nov-Dec -2007)** Page no. 7
91. Only the pure of heart can enjoy the happiness of wealth. **(AJ-Nov-Dec -2007)** Page no. 8
92. An organized lifestyle and a purified heart are the foundations of spiritual seeking. **(AJ-Nov-Dec -2007)** Page no. 9
93. Noble qualities are acclaimed even by the enemies. **(AJ-Nov-Dec -2007)** Page no. 10
94. A guilty person always feels restless even with the greatest of comforts and wealth. **(AJ-Nov-Dec -2007)** Page no. 12
95. Both falling deeper into darkness or uplifting the soul to angelic level is within the reach of a human being. The choice is his. **(AJ-Nov-Dec -2007)** Page no. 13
96. If you plant a seed and dig it up daily to see if it is growing, it will never take roots. **(AJ-Nov-Dec -2007)** Page no. 14
97. God chooses those who choose Him. **(AJ-Nov-Dec -2007)** Page no. 15
98. Rains of God's mercy cannot gather on mountaintop of pride; but they flow easily into the valley of humility. **(AJ-Nov-Dec -2007)** Page no. 16
99. Sin is what separates man from God. **(AJ-Nov-Dec -2007)** Page no. 17
100. Put material things in their proper place, realizing that they are there for use, but relinquishing them when they are not useful. **(AJ-Nov-Dec -2007)** Page no. 19
101. It is important that our thoughts be constantly for the best that could happen in a situation. **(AJ-Nov-Dec -2007)** Page no. 20
102. We have bigger houses but smaller families; more conveniences but less time, more degrees but less commonsense; more medicines but less wellness. **(AJ-Nov-Dec -2007)** Page no. 22
103. We have learnt to rush but not to wait; we have higher incomes but lower morals; more efforts but less success. **(AJ-Nov-Dec -2007)** Page no. 23
104. When we pray we stop trying to control life and remember that we belong to life. **(AJ-Nov-Dec -2007)** Page no. 25
105. If we say something which we really are not, we don't ring true and are soon known as counterfeits. **(AJ-Nov-Dec -2007)** Page no. 27
106. With the gratitude for the past and a blessing for the future, concentrate on living in the eternal NOW. **(AJ-Nov-Dec -2007)** Page no. 28
107. We are not to try to reform the world but to inform it through example. **(AJ-Nov-Dec -2007)** Page no. 29
108. Isn't the real test of our spirituality – to love the unlovely? **(AJ-Nov-Dec -2007)** Page no. 30
109. NOW is inexhaustible. It unfolds, unfolds and unfolds – century after wondrous century, but it is still NOW. **(AJ-Nov-Dec -2007)** Page no. 32

110. A critic is always surrounded by the objects of his criticism. **(AJ-Nov-Dec -2007)**
Page no. 34
111. The capacity to love, believe, think, feel, imagine, enjoy grows in one way: through exercise. **(AJ-Nov-Dec -2007)** Page no. 35
112. He who lives by Grace is gracious, graceful and grateful. **(AJ-Nov-Dec -2007)**
Page no. 36
113. Ingratitude is a virulent disease of the soul. **(AJ-Nov-Dec -2007)** Page no. 37
114. A thankful heart encourages life to enter it. **(AJ-Nov-Dec -2007)** Page no. 38
115. A problem avoided is a blessing deferred. **(AJ-Nov-Dec -2007)** Page no. 39
116. Unfinished work is a robber of mental and emotional energy. **(AJ-Nov-Dec -2007)**
Page no. 40
117. Giving makes you a part of the activity of good. **(AJ-Nov-Dec -2007)** Page no. 41
118. The highest and the loftiest trees have the most reason to dread the thunder. **(AJ-Nov-Dec -2007)** Page no. 42
119. A thoroughly well-bred conscience soon leaves off talking to those who do not wish to hear it. **(AJ-Nov-Dec -2007)** Page no. 43
120. The only way to enjoy life is to work. Work is much more a fun than fun. **(AJ-Nov-Dec -2007)** Page no. 44
121. A gentleman is one who can disagree without being disagreeable. **(AJ-Nov-Dec -2007)** Page no. 47
122. All of the animals except man know that the principal business of life is to enjoy it. **(AJ-Nov-Dec -2007)** Page no. 48
123. The world turns aside to let a man pass who knows where he is going. **(AJ-Nov-Dec -2007)** Page no. 49
124. All human beings have a calling – which is revealed through an awakening of the divine nature. (AJ-March-April-2008) Page No. 7
125. What you do in the present creates the future; so use the present to create a wonderful future. (AJ-March-April-2008) Page No. 8
126. Concentrate on giving so that you may open yourself for receiving. (AJ-March-April-2008) Page No. 9
127. Life is a mixture of success and failures. Be encouraged by the successes and strengthened by the failures. (AJ-March-April-2008) Page No. 11
128. Live in the present. Do all the good you can each day. (AJ-March-April-2008) Page No. 11
129. When you have found inner peace, you are in contact with the source of universal energy and you cannot be tired. (AJ-March-April-2008) Page No. 13
130. Know that every right thing you do – every good word you say – every positive thought you think – has good effect. (AJ-March-April-2008) Page No. 16
131. For guidance and for truth ultimately one has to look to the source – the inner Teacher. (AJ-March-April-2008) Page No. 17

132. Be of selfless service as much as you can. Then you will lose yourself in a cause greater than your lower self; and you will find your Higher Self. (AJ-March-April-2008) Page No. 18

133. Retirement should not mean a cessation of activity, but a change of activity with a more complete giving of your life to service. (AJ-March-April-2008) Page No. 19

134. Seek God's guidance in receptive silence. (AJ-March-April-2008) Page No. 20

135. Three things clog our soul – negativity, judgment and imbalance. (AJ-March-April-2008) Page No. 21

136. Everything in the universe flows. You can't get hold of water by clutching it. (AJ-March-April-2008) Page No. 22

137. The universe is held together through love, harmony and cooperation. (AJ-March-April-2008) Page No. 24

138. Ultimately there is nothing to forgive, because there is nothing to judge and no one to blame it. (AJ-March-April-2008) Page No. 25

139. We can only give away to others what we have inside ourselves. (AJ-March-April-2008) Page No. 26

140. Each time you send love in response to hate, you diffuse the hate. (AJ-March-April-2008) Page No. 27

141. Be willing to let anything happen. (AJ-March-April-2008) Page No. 29

142. Whatever the question, love is the answer. (AJ-March-April-2008) Page No. 31

143. What you see is evidence of what you believe. Believe it and you will see it. (AJ-March-April-2008) Page No. 33

144. God hides things by putting them before our eyes. (AJ-March-April-2008) Page No. 35

145. Life is not only full of miracles; it is miraculous. Stop taking it for granted. (AJ-March-April-2008) Page No. 36

146. In our search for God we must be willing to shed our notions of what God really is. (AJ-March-April-2008) Page No. 37

147. Of what use is it to have eyes if the heart is blind? (AJ-March-April-2008) Page No. 38

148. Not everyone whose eyes are closed is asleep. And not everyone with open eyes can see. (AJ-March-April-2008) Page No. 39

149. The important religious distinction is between those who love and those who don't and not between those who worship and those who do not worship. (AJ-March-April-2008) Page No. 40

150. Many people, alas, have enough religion to hate but not enough to love. (AJ-March-April-2008) Page No. 41

151. Renunciation alone will save the world, not justice – which is generally another word for revenge. (AJ-March-April-2008) Page No. 42

152. The world we live in is mostly a mental construct. (AJ-March-April-2008) Page No. 43

153. We never have trouble with others, only with our reactions to others. (AJ-March-April-2008) Page No. 45

154. The secret of life is to be found in life itself – not in doctrines about it. (AJ-March-April-2008) Page No. 46

155. When you have knowledge you use a torch to show the way. When you are enlightened you become a torch. (AJ-March-April-2008) Page No. 47

156. People do not want truth. They want reassurances. (AJ-March-April-2008) Page No. 48
157. It is not the diversity of our dogmas but our dogmatism that does the damage. (AJ-March-April -2008) Page No. 49
158. It is unwise to be too sure of one's own wisdom. It is healthy to be reminded that the strongest might weaken and the wisest might err. – M. K. Gandhi (AJ-Sept-Oct -2008) Page No. 7

4. Time is the most precious gift of life. If you love life, do not squander it in indolence.

11. A noble person is humble like the poor in riches and prosperity; and generous like the rich in adversity.

12. A family knit together, by bonds of loving cooperation and mutual understanding, is a living model of heaven on earth.

13. Not riches, but nobility of character and honesty are the true touchstones of greatness.

16. It is through self-purification and self-introspection that a soul attains God-hood.

22. Our own duty is the dearest, most intimate and most useful thing in the world.

25. Upbringing is a result of love, patience and wisdom, the last two allow love to rule. **(Aj-Jan-Feb-2009)** Page no.30

27. Those who are bound by their passions are drawn back into the stream, like a spider.

28. To improve oneself to the level at which one can serve other is the only worthy ambition.

29. Study of inspiring books is like communion with living deities; it gives instant gifts of light and bliss.

30. Honesty is like a banyan tree, which takes a long time to grow but is permanent.

33. He alone lives a worthwhile life, who has a cool head, warm blood, a loving heart, and zest for life.

34. May Almighty illuminate our intellect and inspire us towards the righteous path.

35. Whoever gives priority to truth, love and justice in everyday life is adored by God.

36. Prosperity is not attained by earning money, but by building good character and clean thinking.

37. Silence is not a cork to keep our anger bottled up; it is to express a healing quiet of the spirit. **(Aj-May-june-2009)** Page no.23

39. Rise high, awaken the sleeping ones, follow the great & advance further.

40. Prosperity is not attained by earning money, but by building good character and clean thinking. At 36 also.

41. Scriptures and holy books are like teachers who impart life-transforming teachings without caning or admonition.

43. A lamp does not speak, it introduces itself through its light. Do not indulge in too much self praise. Give a chance to people to judge yourself purely through your actions.

44. Surrender means relinquishing our self-will and accepting God's will and help. **(Aj-May-june-2009)** Page no.17

45. Our own duty is the dearest, most intimate and most useful thing in the world. Also at 22

46. If wealth is lost, nothing is lost. If health is last, something is lost. If character is lost, everything is lost.

52. You cannot change past mistakes, but you can certainly avoid repeating them.

53. The follower of truth has the strength of a thousand elephants.

55. If man begins to reform himself, he can reform the world very well.

56. Our own duty is the dearest, most intimate and most useful thing in the world. At 22 also

57. The greatest change will happen when , you stop believing that you need to change

58. Instead of striving to see yourself as superior to others, be willing to hear and receive.

(Aj-March-April-2009) Page no.30

59. Begin each day anew and forgive yourself for yesterday.

(Aj-Jan-Feb-2009) Page no.10

60. A little is like a drop of water giving enough strength to a withered flower to brighten itself.

61. Life must be lived with love and humour , love to understand and humour to endure.

62. Pray for quietness and inner peace for curing emotional instability. **(Aj-March-April-2009)** Page no.25

63. Virtue consists in love, affection and doing well to others in the world.

64. Looking deeply at life as it is in this very moment here and now, the practitioner dwells in stability and freedom. **(Aj-May-june-2009)** Page no.35

65. Silence is not a cork to keep our anger bottled up; it is to express a healing quiet of the spirit. **(Aj-May-june-2009)** Page no.23 also at 37

Be busy like a bee, be discriminative like a swan and be patient like a crane. **(Aj-Sep-Oct-2007)** Page no.09

To make another hold his tongue, be you first silent. **(Aj-Sep-Oct-2007)** Page no.11

Moving away from laziness and wrongdoing brings one closer to God. **(Aj-Sep-Oct-2007)** Page no.30

True devotion is to see God in everything, to accept that He is the dispenser of justice, and to constantly avoid wrongdoing. **(Aj-Sep-Oct-2007)** Page no.48

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Identifying one's purpose of life is the biggest fortune. The quest for it starts from within. **(Aj-Sep-Oct-2007)** Page no.41

The four's of physical fitness: Strength, suppleness, stamina, sensitivity. **(Aj-Jan-Feb-2009)** Page no.39

A Prayer- "God guide my thoughts and let these guide my actions." (Aj-March-April-2009)
Page no.33

An ideal leader cares the people's welfare as a mother cares for her children. (Aj-May-june-2009) Page no.01

Share all you have with the needy so that no one feels deprived and neglected.

There are two ways to be happy: minimize your needs; and live in harmony with the circumstances.

The secret of longevity is not to eat until one is really hungry.

Help as many as you can to lift the load on the rough round of life. (Aj-May-june-2009)
Page no.

If the elders practice what they preach to their children, this world will become a heaven.

The fragrance of flowers spreads only in the direction of the wind; the reputation of a noble person spreads in all directions.

In this world the biggest loser is the one who has lost the zeal to live." ;

Collect all the experiences in life, and try to digest them by meditating upon them in silence.

Do not treat the people, the way you would not like people to treat you.

Man is the master of his own destiny. If one can change his thinking process, he or she can control the circumstances."

If wealth is lost, nothing is lost. If health is last, something is lost. If character is lost, everything is lost.

He alone is the true follower of the path of self-realization who thinks that he should do something to serve others.

To be born in human form is effortless; to be a human being needs persistent effort.

In life when man does everything with love, then he still feels thirsty to do more.

Live your life smiling and laughing like flowers.

Mind is not made of stone or glass, which cannot be changed. Mind can be reformed as well as changed by making an effort.

Difficulties come to awaken man's efforts & warn him to advance further more carefully.

Honesty & God are man's true friends.

Do not waste your time in hearing others' evils & defects.

To deceive others is to deceive oneself. The inner self recognizes this downfall and constantly rebukes us.

The least expensive, most useful and pleasing recreation is the study of literature on truth.

Do not listen what people say, only see whether you have been able to do what is worth doing.

If God gives pain to somebody, it is only for a good purpose.

Man falls down a thousand times. He should try to get-up, rise a thousand times, every time higher than from where he had fallen.

A smiling face is a kind of flower, seeing which the mind of spectators is automatically attracted towards it.

One 's ego is like a ricer , it may swell but never burst over the river banks. //

53 - The very best we can give each other is our love , not our advice and certainly not our Judgement

55 - Forgetting and laughing are better then remembering and being sad .

Those who are bound by their passions are drawn back into the stream , like a spider

Akhand Jyoti- Jul, Aug-2009

- 1 Kindness is the mightiest force in the world. (AJ.JU ,AU 2009 PAJ N.1)
- 2 No man upon earth has had all things according to his will or desire (PAJ N. 5)
- 3 To really move forward, one should feel, with complete confidence that eternity (paj n. 6)
- 4 Forget not yourself in times of anger. (paj n . 7)
- 5 Make sure that the medicine you decide upon in a desperate moment does not turn out to be worse than the malady. (paj n. 8)
- 6 Let us not deprive ourselves of the many little joys that are ours for the taking. (paj n . 9)
- 7 Seek ye first the kingdom of God , and all those things shall be added unto you, (paj n . 10)
- 8 God! Make me grateful for all the good things I have been re taking for granted . (paj n . 12)
- 9 If we knew what we were really like , chances are we would like ourselves much better than we do . (paj n . 13)

- 10 A soft answer turns away wrath , but grievous words stir up anger. (paj n . 14)
- 11 Heaven protect us from our friends who, with only the best of intentions , keep the wounds of our resentments from healing by justifying our complaints. (15)
- 12 Pray for tolerance and wisdom to avoid reacting to what other people say or do. (16)
- 13 Let us not force our own certainties on others; we could be wrong . (17)
- 14 When we fix our thoughts on improving our own lives, we can count on the help of the Higher power. (18)
- 15 Why do we accept things that humble us , when we could do something about them ? (19)
- 16 It is the disease of not listening that many of us are suffering from . (20)
- 17 When you are offended by any person's faults, turn to yourself and study your own failings. Then you will forget your anger. (21)
- 18 When I know I am free within myself , I will be better able to give loving thought to others. (22)
- 19 Pray only for knowledge of God's will for yourself . Don't ask Him to grant your wishes(23)
- 20 Every good gift and every perfect gift is from ABOVE(26)
- 21 I pray for the opportunity to helpless; it will show me the way to share myself with someone in great need. (28)
- 22 Light always dispels the darkness.(29)
- 23