

July 2006

Volume 3, Issue 7



Southern Arizona Region Alumni Newsletter

Special Interest
Articles:

-Career Corner: Alma
Carmona Keeps Your
Kids Sane

- Learn about
upcoming events,
recent news, and
ways to get involved

Individual Highlights:

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Fact of the Month:

When your face blushes
the lining of your stomach
turns red too!

Nearly 30% of female
lottery winners hide the
winning ticket in their bra!



Kappa Delta Chi Sorority, Inc.



Happy Birthday America!

Well, we all know how it happened, so here are some fun facts about our country instead! Happy 4th of July everyone!

GEOGRAPHICAL FACTS ABOUT AMERICA

Location: North America, bordering both the North Atlantic Ocean and the North Pacific Ocean, between Canada and Mexico

Land Size: 9,631,418 Square Kilometers

Population of America: 293,500,000

American GDP: \$10.98 trillion

Main Industries: Petroleum, motor vehicles, aerospace, steel, telecommunications, electronics, food processing, chemicals, consumer, goods, mining, lumbering.

Agricultural Products: Wheat, corn, fruits, vegetables, cotton, beef, poultry, pork, forest products, dairy products, fish.

OTHER INTERESTING FACTS

On a Canadian two-dollar bill, the flag flying over the Parliament Building is an American flag.

On an American one-dollar bill, there is an owl in the upper left-hand corner of the "1" encased in the "shield" and a spider hidden in the front upper right-hand corner.

One in every 4 Americans has appeared on television.

In Los Angeles, there are fewer people than there are automobiles.

Approximately 35 million Americans are linked by blood to one (or more) of the 102 pilgrims who came to America on the Mayflower in 1620.

KDCh's Career Corner: Alma Carmona Keeps Your Kids Sane!



Alma Carmon (Lambda Class, Spring 1997) just recently received her Masters of Education in School Counseling this past May 2006 from Northern Arizona University. Congrats to Alma on her new job and scholastic success! We love you! Now here is what Alma had to say about her career:

I am an Elementary School Counselor at Drachman Montessori Magnet School. As a counselor my job is to ensure that the diversity of each child is embraced by creating an environment of caring, support, and mutual respect. I provide students exposure to the academic, career planning, and personal/social domains, so that they develop physical, mental and spiritual awareness and balance.

There are four parts to my counseling program at Drachman.

Guidance Curriculum: I deliver guidance lessons to students to build on academic, career, and personal/social skills. (Ex. lessons on friendship, bullying, goal-setting, etc.)

Responsive Services: I attend to any student crises. I work with students individually, facilitate mediations, and provide support groups.

Individual Planning: I work with parents, faculty, administration, and resource personnel to meet the students academic needs.

System Support: I continue my professional education by attending conferences, workshops, inservices, and professional development training.



"Every alumna has the ability to make an impact on KDX, an undergraduate chapter, or just one sister."

*--Alumni Association
Mission Statement*



Next Month's Career Feature

Do you have a story to tell us? We want career updates from alumni sisters! Where are our doctors, teachers, managers, bankers, etc.? Every issue we will feature a career field and the sisters in that field. Want to be next month's highlight? Let us know!

Susan Greth's Son, Adrian, Turns Two: Happy Birthday!

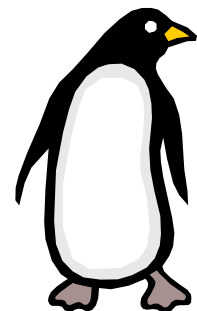
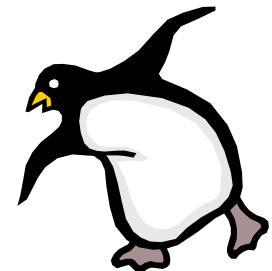
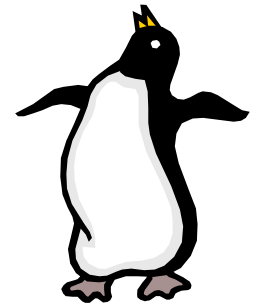
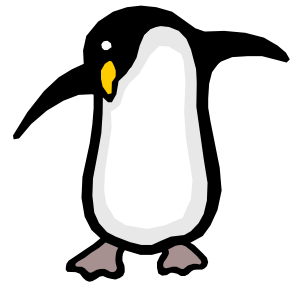
Susana and Louie Greth celebrated their son Adrian's second birthday amongst their family in Nogales, Arizona. It was a fun and exciting day, and cars were everywhere! Okay, not real ones, but who cars Adrian was in the drivers seat, loving every second! We wish Adrian and his family many more wonderful birthdays filled with love, adventure, and joy!

**Today is your day to
celebrate**

**Today is your day to
celebrate
your day to be the star
so let the ones you love all
cheer
and say how special you are**

**A year of fun and happiness
is my birthday wish for you
You are someone special
and your birthday should be
too!**

Happy Birthday



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Happy Birthday

Nallely Aguayo 7/2
Jessie De Loera 7/4
Michelle Figueroa 7/7
Renae Rosales 7/9
Ana Ramirez-Pallares 7/14
Martha Licea-Castro 7/29



CANCER
 (Jun 23 - Jul 23)

Be proud of who you are. Be proud of who you know. Be proud of what you have been through. Be proud of what you hope to accomplish next. Don't be so proud that you can't recognize room for improvement when you see it. But don't be so self-effacing that you keep apologizing forever for one small slip. If you want to make the right choices for the future, you can't keep dwelling on what may or may not have been the wrong choices in the past. Look ahead with confidence and courage. Some amazing opportunities await in the next few days.

Career

Compassionate and perceptive, Crabs do best in nurturing professions. Social work, gardening and childcare are all natural fits for this sign. Cancers are natural moneymakers and do well as bond traders, bank executives and stock portfolio managers. Members of this sign also work well in human resources, as they are discreet, trustworthy and tactful. Their executive ability is considerable.

Bad Habits

If you've ever wondered how Cancers stay so sweet, take a look at their sugar intake. This sign loves cookies, candy, and ice cream. An occasional indulgence is fine, but too much dessert can take a toll on waistlines and energy levels. What Crabs are really seeking is oral gratification. Sugar-free gum or dried fruit provides a healthy distraction from candy crunching.

Exercise

You need exercise that can be done at home. Invest in a few weights and exercise tapes. Because you are ruled by water, swimming is also excellent for you – particularly the breaststroke. (Cancer rules the breasts.) Tummy toners are also a must – to help offset your weakness for sweets.

Other Famous

Cancers:

Henry VIII
 Helen Keller
 Nelson Mandela
 Duke of Windsor
 Georges Pompadour



"Some men see things and ask 'Why?' I dream things that never were and ask 'Why Not?'"

- Robert Kennedy

About Our Organization...

The Southern Arizona Region is here to serve you and build our network of alumni! Please email, call, or send us any ideas or concerns. We look forward to seeing you at our events and corresponding with you in the coming months. Thanks for your support!

July's Charity Spotlight:



Canine Assistants is a non-profit organization, founded in 1991, which trains and provides service dogs for children and adults with physical disabilities or other special needs. In addition to physically assisting those with disabilities, Canine Assistants service dogs are instrumental in removing many of the barriers faced by the disabled in today's society. One recipient made the value of this skill quite clear when asked by a reporter what she liked most about her service dog. Immediately, she responded, "My dog makes my wheelchair disappear."

One of our primary missions is to educate both children and adults about disabilities and the role that service dogs play in society, in addition to the important health benefits, both physical and emotional, that they provide for our recipients.

GENERAL INFORMATION

* All dogs are placed at no cost to recipients.

* Applicants are evaluated on an individual basis. Your position on our waiting list will be based on this evaluation, not the date your application was received. Please note, however, that there is currently a waiting list for our dogs.

* Each dog is provided with veterinary care and recurrent training for life. Dog food can also be provided if needed.

* Once selected to receive a service dog, applicants may need to wait for several months while the dog completes his or her training. Once the dog is ready to graduate, you will be required to come to our facility to participate in a two week training camp. At this time, applicants will be matched with the dog that best suits his or her needs and personality. If necessary, **Canine Assistants** can provide financial aid to cover the expenses associated with attending the training camp, such as travel, meals, and lodging.

Canine Assistants, Inc.

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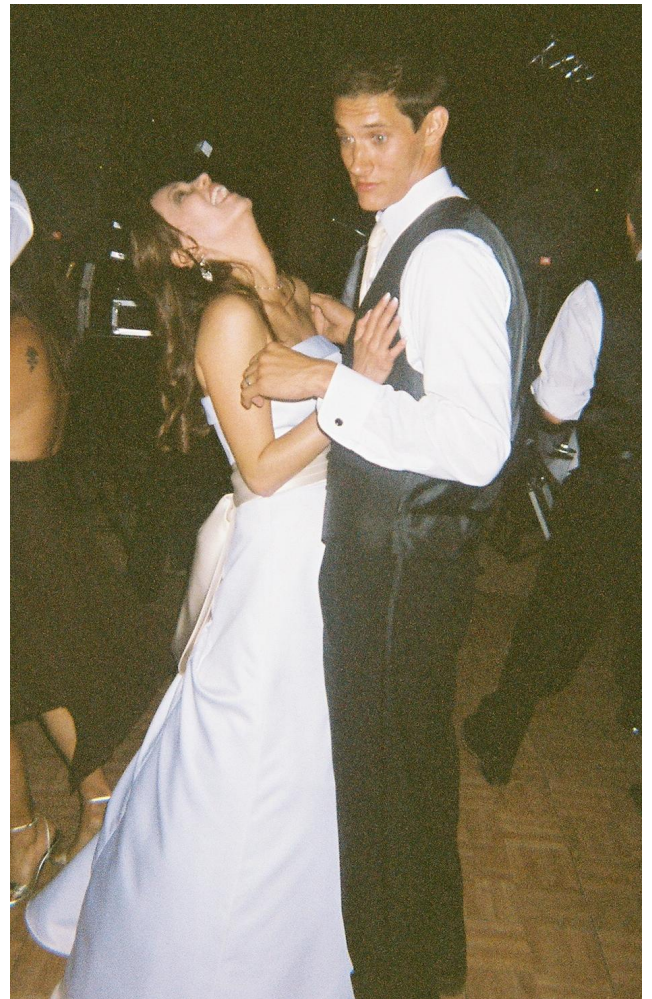
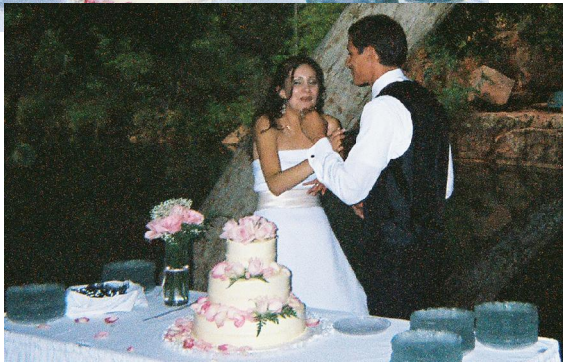


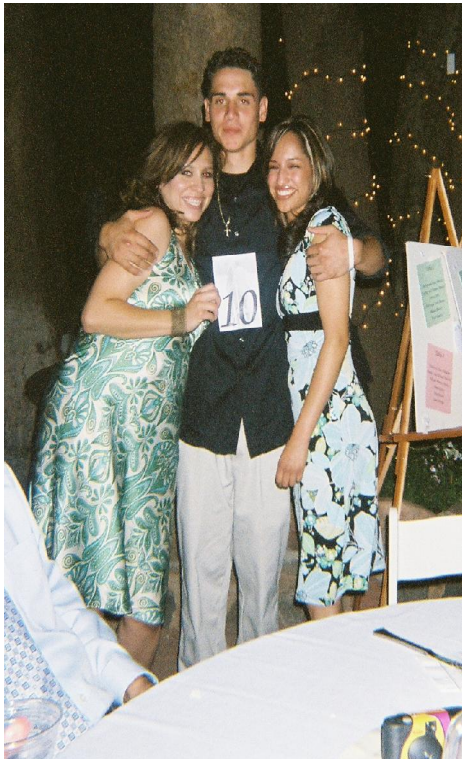
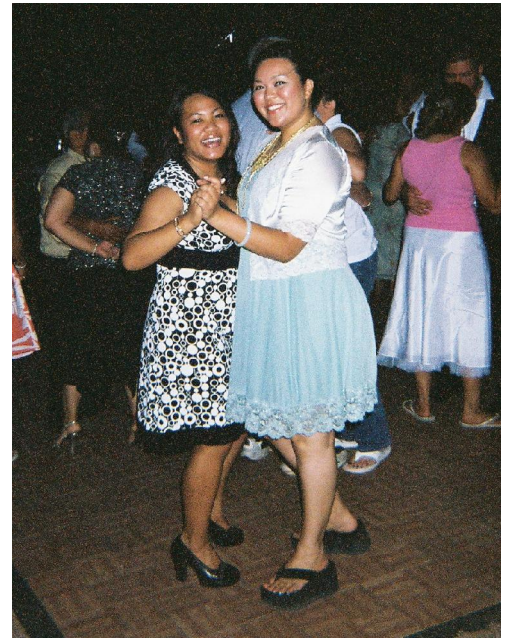
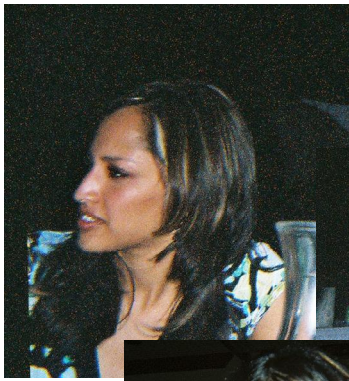
*Liana and Matt Smith's
Wedding Album... Sedona Here
We Come!*



Did I Say Liana Abarca? I Meant To Say Mrs. Liana Smith!

And The Party Continues...Where Did Liana and Matt Go?





*Thanks for the
Memories
Ladies! It sure
was fun!*



ASK DOCTOR AMAYA

Ladies, please send your questions to lgranillo@gmail.com and see what Dr. Amaya has to say.

Disclaimer: You should seek the opinion of your primary care doctor if you should need assistance with the items stated above. The answer above is only medical advice and should always be followed with a second opinion. Neither Kappa Delta Chi nor Dr. Amaya assumes any responsibility regarding the matter above.

Obsession of the Month: Laguna Beach Season 3



Okay, okay! I know that there are a few of you who just don't care about this high school drama/soap opera, but there are so many more of you who do! For this reason, I have opted to highlight Laguna Beach Season Three as our obsession and guilty pleasure of the month. This season we have a bevy of hot new boys (I know... jail bait, right, but you can't help but look at these strapping young men), but wait...it gets better we also have a whole new clique of catty girls to entertain and amuse us every Wednesday night. Cami and Kendra are by far my personal favorite, with their mean one liners i.e. "Its elimination time..." or "Do you know why my hair is so big...cuz its full of secrets...no, information". Then there is the best story line of the whole season, Jessica (yes, crazy Jess from season two) who is now dating Cameron (a Junior at Laguna High). She says in episode one that she "learned a lot from J-Wahl", but as this season has progressed we see that she is already getting played, and Kendra will go to great lengths to get Cameron's attention. I guess she didn't learn much! This is going to be a love triangle made in reality TV heaven! Have fun watching ladies! Mari, I hope your "jazzed" about this one!

Penguin Search: And The Search Continues

Is there a particular sister you would like to find, or are you the sister who has fallen off of the iceberg. Please send your shot-outs and updates to Lizet15141@aol.com. Let's make the most of 2005!!!



This Months Contributors:



If you would like to contribute to June's newsletter please email it to lgranillo@gmail.com. I look forward to reading your stories!!!!

- **Happy Birthday America:**
<http://theholidayspot.com/july4/facts.htm>
- **KDChi's Career Corner: Alma Carmona Keeps Your Kids Sane:** by Alma Carmona
- **Adrian Turns Two:** pictures provided by Susana Greth
- **July's Charity:** www.charity.com
- **Liana's Wedding Album:** provided by Liana via myspace.com, and others provided by Lizette Granillo

We're on the Web!

See us at:

www.geocities.com/azalumni1991

KAPPA DELTA CHI
SOUTHERN ARIZONA ALUMNI REGION