

February 2006
Volume 3, Issue 2



Southern Arizona Region Alumni Newsletter

Kappa Delta Chi Sorority, Inc.



Special Interest Articles:

-Career Corner:
Jimena's Money Matter

- Learn about upcoming events, recent news, and ways to get involved

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Fact of the Month:

Tucson Arizona is ranked number four in *Men's Fitness* February 2006 article of the Twenty-five fittest cities. Last year Tucson was ranked number 8. Everything really is Hotter in Arizona



The Love Issue



Dear Sisters,

Oh what a month...for many, Valentine's Day is a day of complete dread, and for others, utter excitement. This issue celebrates the bonds formed by love, and I hope that you find many fun facts about the subject. I would like to extend my sincerest wishes of success and complete joy this month in all of your endeavors, whether it be at you job, in your home, along side you sisters, or with the one you love. Always remember, "Love is strong yet delicate. It can be broken. To truly love is to understand this. To be in love is to respect this" (Stephen Packer). Happy Valentines Day!

Your Loving Sister,
Lizette Granillo

"Sisters Prayer"

I pray that God reach down to you dear sister,
And He bless you with love unlike any other,
I pray that within your own life's destiny,
The blessing of guardian Angels is meant to be,
I pray God gives you angelic loving care,
So that you may know He's always ever there,
I pray that you feel His great love for you,
In all you ever say, ever think or maybe do.
For someone as special and wonderful as you,
I am hoping He grants you much joy, for you too.

I know that He'll do this much sooner than then,
Cause it's for you dear sister, that I ask this,
Amen.



Career Corner: Jimena's Banking Matter \$\$\$\$\$\$

Hi my name is Jimena Valdes and I am a proud member of the Mu Class, and graduated in December 2001.

My lil sis, Keysha Quintanilla, was a teller for Wells Fargo, and I remember the moment she mentioned she was making \$9 an hour!!! Now for me, that was a lot of cash!! I was making like \$5.25 (or whatever minimum wage was back then...) So she encouraged me to apply, and brought me an application. I got hired a few weeks later and started part-time, 20 hours a week. I had a super tough manager at the time, his name was George, and although he was super tough he pushed me to succeed and to go beyond my own personal limits. I really enjoyed my job and worked hard to be in top 10% of the market. The hard work landed me a promotion to a Personal Banker position. I worked diligently with my manager to set career goals, and was very focused on moving up in the company. Before graduating, I let my manager know that I was interested in becoming full-time and wanted an opportunity in management. We set a development plan and right after I graduated I was offered an Assistant Manager position. I managed that branch for about a year and then made the decision to relocate to San Francisco to be closer to headquarters and to just have the experience of living in such a cool city!! I won't bore you with the rest of the details of how I continued my career in banking (I am now a manager for Bank of America), but I would always recommend that you always have a plan on how you're going to further your career and work closely with your supervisors to develop your career plan. Even if you're not really sure what you want to do, it will set you on a right path and will show your supervisors that you have higher aspirations. If you're working for a good company and they should be interested in your development. Make sure you start gaining experience while you're in school. Don't wait until after you graduate to start looking for a job in what you want to do. Most companies want to see that you have had some experience in the field. And definitely network, network, network. Meet people, ask them questions to find out how they got to where they're at... what would they recommend for someone who wants to be in their position...

Banking has been very rewarding for me... I am happy to talk to anyone who is interested!!

"Every alumna has the ability to make an impact on KDX, an undergraduate chapter, or just one sister."

*--Alumni Association
Mission Statement*

Next Month's Career Feature

Do you have a story to tell us? We want career updates from alumni sisters! Where are our doctors, teachers, managers, bankers, etc.? Every issue we will feature a career field and the sisters in that field. Want to be next month's highlight? Let us know!

February's Charity Spotlight:

This month is Stand Up for Kids awareness month. Lets see how America will make a difference this month and how can we contribute?



The mission of **STANDUP FOR KIDS** is to help homeless and street kids.

We are a 95% all volunteer based organization committed to the rescue of homeless and street kids. **Fact: 1 child runs away every minute of everyday.**

STANDUP FOR KIDS targets homeless and at-risk youths age 21 and younger. Based on current estimates, there are more than one and a half million children, teenagers and young adults trying to survive on U.S. streets today.

Children now make up 27 percent -- the fastest growing segment -- of the U.S. homeless population.

STANDUP FOR KIDS is an independent, nonprofit organization that has no religious or political affiliation. **STANDUP FOR KIDS** helps kids without regard to race, religion, sexual orientation, nationalities, cultures, and backgrounds.

We do this, every day, in cities across America. We carry out our mission through our volunteers who go to the streets in order to find, stabilize and otherwise help homeless and street kids improve their lives.

STANDUP FOR KIDS helps homeless kids to survive and live. **STANDUP FOR KIDS** is a 501(c)3 not-for-profit organization founded in 1990 to help rescue homeless and at-risk youth. With national headquarters in San Diego, California, **StandUp For Kids** is run almost entirely by volunteers, and has established more than twenty-five outreach programs in thirteen states.

* THIS APRIL 2006

The TURN PURPLE CAMPAIGN

<http://www.turnpurple.org/>

The TURN PURPLE CAMPAIGN is working to prevent youth homelessness by raising awareness, uniting youth organizations, increasing advocacy, and heightening prevention efforts:

* **National awareness is being raised by literally turning the face of the nation purple in April 2006 to bring attention to the cause of children living on the streets - child abuse;**

STANDUP FOR KIDS

1510 Front Street, Suite 100

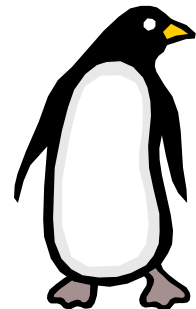
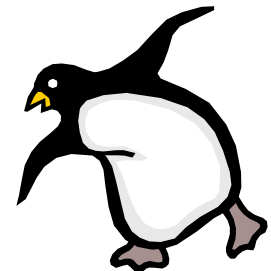
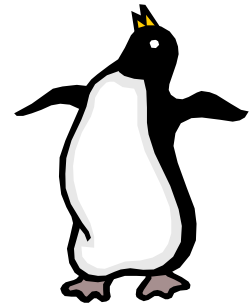
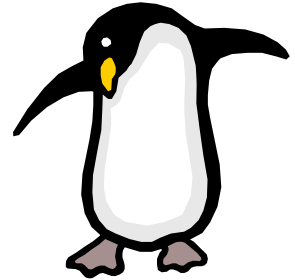
San Diego, CA 92101

tel: 1-800-365-4KID (1-800-365-4543)

fax: 1-888-453-1647

web: <http://www.standupforkids.org>

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Kappa Delta Chi

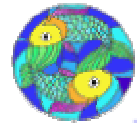
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Happy Birthday



PISCES
(Feb 20 - Mar 20)

Susana Corrales-Greth 2/4 (Iota)
Stephanie Valenzuela 2/16 (Omicron)

Pisces Overview

Ignorance is not just bliss - it is absolute euphoria. The less we know about someone or something, the more we can imagine and assume. As long as our projections are not pessimistic, we can paste the prettiest possible paper over all the cracks in our understanding. You don't know the half of what's really going on in a certain situation. Are you sure that you actually want to find out? There may be no need whatsoever to burst a beautiful bubble as long as it stays at a safe distance. Wait for a while to see if it floats any closer.

Exercise Style

As a water sign, it's only natural that Pisces finds comfort in liquids. When those liquids have high alcohol content, problems can ensue. Naturally, a twelve-step program can be of enormous benefit here. Meditation and yoga can help, too, as they allow Pisces to achieve a healthy sense of nirvana. That's all these Fish are really seeking.

About Our Organization...

The Southern Arizona Region is here to serve you and build our network of alumni! Please email, call, or send us any ideas or concerns. We look forward to seeing you at our events and corresponding with you in the coming months. Thanks for your support!

Career Style

Intuitive and imaginative, Pisceans are natural artists. These folks enjoy creative work, whether it's hairdressing, graphic design or photo journalism. Fish are also quite compassionate and enjoy healing professions like nursing, social work and physical therapy. Pisceans also make great veterinarians and psychologists. Ultimately, these workers do best when they can set their own schedules and work in private.

Bad Habits

As the most watery of the water signs you need to be careful of water retention and bloating. Ironically, spending as much time in water as you can – swimming, even bathing – prevents this. Drink water, not soda; don't miss your sleep; be careful with your feet and do try Tai Chi!

*"Some men see things
and ask 'Why?' I dream
things that never were
and ask 'Why Not?'"*
- Robert Kennedy

V

A

- **192 million** Valentine's Day cards are exchanged annually, making Valentine's Day the second-most popular greeting-card-giving occasion. (This total excludes packaged kids valentines for classroom exchanges.) (Source: Hallmark research)

- **Nearly 60 percent** of all Valentine's Day cards are purchased in the six days prior to the observance, making Valentine's Day a procrastinator's delight. (Source: Hallmark research)

L

E

- There are **120** single men (i.e., never married, widowed or divorced) who are in their 20s for every 100 single women of the same ages. Corresponding numbers for the following race and ethnic groups are:
Hispanics: 153 men per 100 women
Asians (single race): 132 men per 100 women (This ratio is not significantly different from that for Hispanics or non-Hispanic whites.)
Non-Hispanic whites (single race): 120 men per 100 women
Blacks (single race): 92 men per 100 women (The numbers of black men and women in this age group are not significantly different from one another.)

N

- There are **33** single men (i.e., never married, widowed or divorced) age 65 or older for every 100 single women of the same ages. Corresponding numbers for the following race and ethnic groups are:
Hispanics: 38 men per 100 women
Non-Hispanic whites (single race): 33 men per 100 women
Blacks (single race): 33 men per 100 women
Asians (single race): 28 men per 100 women
(Note: None of the ratios for the individual groups differ significantly from one another nor from the ratio for all people age 65 or older.)

T

I

- **2.2 million** marriages take place in the United States annually. That breaks down to more than 6,000 a day.

- **145,800** marriages are performed in Nevada during 2004. So many couples "tie the knot" in the Silver State that it ranked fourth nationally in marriages, even though its total population that year among states was 35th.

N

- The estimated U.S. median ages at first marriage for women and men are **25.8 and 27.4** respectively, in 2004. The age for women rose 4.7 years in the last three decades. The age for men at first marriage is up 4.3 years.

- Men and women in northeastern states generally have a higher median age at first marriage than the national average. In Massachusetts, for example, women were a median of 27.4 years old and men 29.1 years of age at first marriage. States where people typically marry young include Utah, where women were a median of 21.9 years and men, 23.9 years.

E

- **54% and 57%** of American women and men, respectively, are 15 or older and currently married (includes those who are separated).

- **4.7 million** opposite-sex cohabitating couples maintained households in 2004. These couples comprised 4.2 percent of all households.

- **1,271** locations produced chocolate and cocoa products in 2003. These establishments employed 43,379 people. California led the nation in the number of such establishments (with 146) followed by Pennsylvania (with 120).

- **519** locations produced nonchocolate confectionery products in 2003. These establishments employed 23,343 people.

- The total value of shipments in 2003 for firms producing chocolate and cocoa products was **\$13.5 billion**. Nonchocolate confectionery product manufacturing, meanwhile, was a \$5.5 billion industry.

- **3,523** Number of confectionery and nut stores in the United States in 2003. Often referred to as candy stores, they are among the best sources of sweets for Valentine's Day.

- The per capita consumption of candy by Americans in 2004 was **4.7 pounds**. Candy consumption has actually declined over the last few years; in 1997, each American gobbled or savored more than 27 pounds of candy a year.

- The combined wholesale value of domestically produced cut flowers in 2004 for all flower-producing businesses in 36 states with \$100,000 or more in sales was **\$422 million** was. Among states, California was the leading producer, alone accounting for nearly three-quarters of this amount (\$304 million).

- The combined wholesale value of domestically produced cut roses in 2004 for all businesses in 36 states with \$100,000 or more in sales was **\$43 million**. Among all types of cut flowers, roses were second in receipts to lilies (\$78 million).

- There were **22,022** florists nationwide in 2003. These businesses employed 113,270 people.

- There were **28,527** jewelry stores in the United States in 2003. Jewelry stores offer engagement, wedding and other rings to lovers of all ages. In February 2005, these stores sold \$2.4 billion worth of merchandise. (This figure has not been adjusted for seasonal variation, holiday or trading day differences or price changes.) The merchandise at these locations could well have been produced at one of the nation's 1,892 jewelry manufacturing establishments. The manufacture of jewelry was an \$8.6 billion industry in 2003.

Data courtesy of the [U.S. Census Bureau](http://www.census.gov)



N

E W

Years



@ Keysha's New Home... Balloon drops & Confetti... What more could you ask



Melissa, Christina, Keysha and Nanette are PICTURE PERFECT!



Rachel and her friend Delphina smiled for the camera!



Nanette, Nate, and Gejard (SP Opps!) Smiling pretty!



Christina, Lizette, and Chuy taking a dance break!



Balloon drop aftermath...it took Keysha days to clean up all of the confetti!



Nate, Michelle, and Anissa grabbing a bite to eat before the balloon drop.

Alumni Barbeque Recap

The first Alumni Barbeque took place on January 14th, and Ana Ramirez (Delta Class) was gracious enough to lend us her home. We had tons of food (and tons is an understatement) and a jumping castle. The barbeque was a blast and we can't wait to plan our next event. Hope to see you next time!



Mari, Liana, and Keysha looking gorgeous for the camera!



Ana, Kasey, and Luz Maria watching the kids jump.



These ladies are just catching up and having a great time, looks like the barbeque was a



Monica, Liana, Lizette, and Frenchie look at bride's Maid dresses for Liana's wedding in July!

Congratulations to Dominique Calza (Upsilon Class) and Cassandra Mayer (Phi Class) on their new alumni status!

7 Ways To Keep Love Alive and Strong

1. Be each other's support system.

You go through many things in a lifetime. It helps to know there is someone to help you shoulder the hard times. When your partner comes to you or needs an encouraging word, give it to them. Your vote of confidence can do wonders for your partner and in turn better your relationship.

2. Be able to compromise.

By now we should all agree that people couldn't always have their own way. Applying the art of compromise is a healthy solution to settling a disagreement. Be willing to look for new avenues for exchange in order to make things feel fair to your partner. You might try a back rub in exchange for dish washing duty or quiet time together in exchange for a guy's night out. Compromising can help you turn your differences into new ways to discover each other.

3. Express your love in a variety of ways.

Don't just say it; show it. Don't just show it; say it. In other words, find more than one way to express your affection for your partner. Variety is the spice that keeps a marriage together. Leave a love note under your partner's pillow. Write, "I love you" in lipstick on the mirror. Hide a rose on your partner's car seat. Stop and give your partner a very unexpected weak-in-the-knees kiss. Mail a hand-written love letter. Avoid falling into a boredom rut by continually striving to try and do new things together.

4. Respect each other's individuality.

Encourage your partner to participate in individual interests they may have. In fact, take that encouragement a step further and occasionally join your partner in their favorite past time. You'll be showing your partner that you not only understand whom they are, but that you love them exactly how they are as well.

5. Always leave on good terms.

Life is unexpected. No argument is worth parting ways while upset with each other. If you can keep this in mind, it will go a long way to helping you put certain aspects of your relationship in perspective. Learn to value your relationship enough to never let things get that out of hand.

6. Be kind and considerate to each other.

This may seem like a given, but how many times have you snapped at your partner under stress, or made an unnecessary remark? Words and the tone in which they're used leave a lasting imprint. You can use this to make your couple memories something you will happily look back upon...or not. Long-term married couples make kindness and respect toward their partner a crucial part of their daily lives.

7. Exploit each other strengths, not weaknesses.

Think of yourselves as a team. Together you are going to try and accomplish many things from buying a house, bettering your careers, raising children and more. If you spend your time nit-picking each other about what you're doing wrong, you're wasting valuable effort that could be put towards making your dreams come true. If you were to encourage a group of employees, you wouldn't tell them how horrible they are doing. You would start with positive, motivating statements. Learn to incorporate this towards each other. Find where each other's strengths are and use them to your ability. One of you may be a more sales type personality, the other the organizer. Find out where you fit and how you can use those traits to better your team of husband and wife.

L.O.V.E's Top 10

Top 20 Romantic Movies

1. Titanic
2. Ghost
3. Sleepless In Seattle
4. When Harry Met Sally
5. An Affair to Remember
6. Princess Bride
7. Romeo and Juliet
8. Pretty Woman
9. Bed of Roses
10. Somewhere In Time
11. Bridges of Madison County
12. My Best Friend's Wedding
13. Gone With The Wind
14. Love Affair
15. Only You
16. Untamed Heart
17. While You Were Sleeping
18. A Walk In The Clouds
19. Sabrina
20. The Truth About Cats and Dogs

How to say I Love You in 100 Languages

English - I love you
Afrikaans - Ek het jou lief
Albanian - Te dua
Arabic - Ana behibak (to male)
Arabic - Ana behibek (to female)
Armenian - Yes kez sirumen
Bambara - M'bi fe
Bengali - Ami tomake bhalobashi
(pronounced: Ameer toe-ma-kee bhalobashee)
Belarusian - Ya tabe kahayu
Bisaya - Nahigugma ako kanimo
Bulgarian - Obicham te
Cambodian - Soro lahn nhee ah
Cantonese Chinese - Ngo oiy ney a
Catalan - T'estimo
Cherokee - Tsi ge yu i (Thanks Nancy!)
Cheyenne - Ne mohotatse
Chichewa - Ndimakukonda
Corsican - Ti tengu caru (to male)
Creol - Mi aime jou
Croatian - Volim te
Czech - Miluji te
Danish - Jeg Elsker Dig
Dutch - Ik hou van jou
Elvish - Amin mela lle (from The Lord o
The Rings, by J.R.R. Tolkien)
Esperanto - Mi amas vin
Estonian - Ma armastan sind
Ethiopian - Afgreki'
Faroese - Eg elski teg
Farsi - Doset darom

Filipino - Mahal kita
Finnish - Mina rakastan sinua
French - Je t'aime, Je t'adore
Frisian - Ik hâld fan dy
Gaelic - Ta gra agam ort
Georgian - Ich kvivarhar
German - Ich liebe dich
Greek - S'agapo
Gujarati - Hoo thunay prem karoo choo
Hiligaynon - Palangga ko ikaw
Hawaiian - Aloha Au Ia'oe
Hebrew (Thanks Lilach)
Hebrew to male: "ani ohev otcha" (said by male)
Hebrew to female: "ani ohev otach" (said by female)
Hiligaynon - Guina higugma ko ikaw
Hindi - Hum Tumhe Pyar Karte hae
Hmong - Kuv hlub koj
Hopi - Nu' umi unangwa'ta
Hungarian - Szerelmes vagyok beléd(Thanks Csaba!)
Icelandic - Eg elska tig
Ilonggo - Palangga ko ikaw
In Inuit - Negligevapse
Irish - Taim i' ngra leat
Italian - Ti amo
Japanese - Aishiteru
Kannada - Naanu ninna preetisuttene
Kapampangan - Kaluguran daka donesian -
Saya cinta padamu

Kiswahili - Nakupenda
Konkani - Tu magel moga cho
Korean - Sarang Heyo
Latin - Te amo
Latvian - Es tevi miilu
Lebanese - Bahibak
Lithuanian - Tave myliu
Luxembourgish - Ech hun dech gäer
Macedonian - Te Sakam
Malay - Saya cintakan mu / Aku cint
padamu
Malayalam - Njan Ninne Premikunnu
Maltese - Inhobbok
Mandarin Chinese - Wo ai ni
Marathi - Me tula prem karto
Mohawk - Kanbhik
Moroccan - Ana moajaba bik
Nahuatl - Ni mits neki
Navaho - Ayor anosh'ni
Norwegian - Jeg Elsker Deg
Pandacan - Syota na kita!!
Pangasinan - Inaru Taka
Papiamentu - Mi ta stimabo
Persian - Doo-set daaram
Pig Latin - Iay ovlay ouyay
Polish - Kocham Ciebie
Portuguese - Eu te amo
Romanian - Te iubesc
Russian - Ya tebya liubliu
Scot Gaelic - Tha gra\dh agam ort
Serbian - Volim te
Setswana - Ke a go rata
Sindhi - Maa tokhe pyar kendo ahyar
Sioux - Techihhila
Slovak - Lu' bim ta

Slovenian - Ljubim te
Spanish - Te quiero / Te amo
Swahili - Ninapenda wewe
Swedish - Jag alskar dig
Swiss-German - Ich lieb Di
Surinam - Mi lobi joe
Tagalog - Mahal kita
Taiwanese - Wa ga ei li
Tahitian - Ua Here Vau Ia Oe
Tamil - Nan unnai
kathalikaean
Telugu - Nenu ninna
premistunnanu
Thai - Chan rak khun (to male)
Thai - Phom rak khun (to female)
Turkish - Seni Seviyorum
Ukrainian - Ya tebe kahayu
Urdu - mai aap say pyaar
karta hoo
Vietnamese - Anh ye^u em (to female)
Vietnamese - Em ye^u anh (to male)
Welsh - 'Rwy'n dy garu di

Yiddish - Ikh hob dikh
Yoruba - Mo ni fe

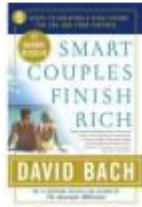
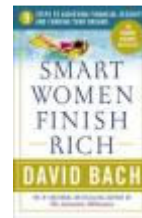
Top 10 Romantic Songs

- 1: *Amazed* by Lonestar
- 2: *I Knew I Loved You* by Savage Garden
- 3: *Don't Want To Miss A Thing* by Aerosmith
- 4: *Unchained Melody* by Righteous Brothers
- 5: *From This Moment On* by Shania Twain
- 6: *Back At One* by Brian McKnight
- 7: *Wonderful Tonight* by Eric Clapton
- 8: *Everything I Do (I Do For You)* by Bryan Adams
- 9: *My Heart Will Go On* by Celine Dion
- 10: *To Make You Feel My Love* by Garth Brooks

Top 10 Reasons People Fall In Love

- 1: Their personality
- 2: Their romantic nature
- 3: The affection towards their partner
- 4: The respect they've shown their partner
- 5: Everything!
- 6: Their physical features
- 7: Their sense of humor
- 8: The friendship they share
- 9: A sense of bonding between each other
- 10: Their partner provides a sense of security

Obsession of the Month: David Bach's Financial Lifesavers



These two books are incredible for various reasons. The first reason is that it is so enjoyable to read and his advice is given in ways that anyone can understand. Also it is advice given through experience and knowledge. These books are only 14.95, and are definitely worth every penny! Start investing and make that dollar!!!!!!

This Months Contributors:

- Career Corner: Jimena's Money Matter
- Photos by: Christina Vejar



If you would like to contribute to February's newsletter please email it to lgranillo@gmail.com. I look forward to ready your stories!!!!!!

Penguin Search:

Is there a particular sister you would like to find, or are you the sister who has fallen off of the iceberg. Please send your shot-outs and updates to Lizet15141@aol.com. Let's make the most of 2005!!!

KAPPA DELTA CHI
SOUTHERN ARIZONA ALUMNI REGION

We're on the Web!

See us at:

[www.geocities.com/
azalumni1991](http://www.geocities.com/azalumni1991)