

Death.

*Death has to arrive,
It is but inevitable.
For a beginning, must finish;
And a start must have an end.*

*It is not the arrival that matters;
It's the wait.
Melancholy is scorned upon;
Joy is appreciated.*

*The secret of happiness;
Is to be aware of death,
Yet to be nonchalant,
Yet to be blasé.*

*For in waiting, there is pain;
For in time, there is agony;
For trepidation is the effect;
And anger the aftermath.*

*Do not shy away from the ultimate truth;
But do not dwell on it either.
It should be clear as crystal,
Yet as distant as the sun.*

*In happiness lies the success;
In joy lies the truth.
Pain, suffering and longing are only subordinates;
For in glee and mirth lies salvation.*

*One cannot command another to be exultant;
One cannot force a change in attitude;
It is for one to understand oneself;
That once he is happy-truly happy- he will cease to fear death.*

-Anush K Moorthy.