

Domestic Violence



- **Domestic violence is a pattern of behavior used to gain or maintain power and control over an intimate partner.**
- **Domestic violence can happen to anyone regardless of gender, ethnicity, age, education, religion, disability status or sexual orientation.**
- **It can happen to couples who are married, living together or in a dating relationship.**



Recognizing an abusive relationship may not be easy. When your self-esteem is low and you're afraid to be alone, you may not even realize it's abuse.

Break the silence!

There is help available!

**Call the national domestic violence
hotline at 1-800-799-7233
Or if you are in immediate danger call
9-1-1**

