



PENISTONE FOOTPATH RUNNERS & A.C. PRESENT THE 25th RUNNING OF THE

PENISTONE SHOW 10K ROAD RACE

Saturday, September 12th 2009 at 11.00 hours

NEW AMENDED COURSE WITH LAST KILOMETRE TRAFFIC FREE

PLEASE NOTE NEW START TIME

25TH ANNIVERSARY RACE



HELD IN CONJUNCTION WITH THE 137th PENISTONE SHOW

(A 10K road race held under UK Athletics Laws, Licence No 20090734, Entry Limit 500)

Extensive prize list (Vets start V40 M & F) T-Shirt to all finishers Free Car park & Entry to Show for runners
 Medical Facilities Results on: www.pfrac.co.uk www.penistoneshow.org.uk Course not suitable for wheelchairs

Any known medical condition please give details on reverse of form

Entry Fees: £7.00 Affiliated Club and Registered Members - £ 9.00 Unattached runners

Age: 15 and over on race day. Closing Date for pre entries: 5th Sept 2009. **Plus £1.00 on day**

Proof of Show entry required when registering on day.

To: Sue Higham, Horsley House, Hunshelf Bank, Stocksbridge, Sheffield S36 2BS

Telephone: 0114 2882578, E-Mail: suehigham1@yahoo.co.uk

Please enclose a 10" by 6" Stamped Addressed Envelope for your race number and details and ensure that you add the correct amount of postage for the size of envelope sent.

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 Cheque payable to 'Penistone Footpath Runners & AC' for.....
 Surname..... Forenames.....
 Address.....
Post code:.....
 Tel. No..... Sex (M/F)..... Date of Birth.....
 Age on 12/9/09..... Club..... EA No.....

Size of T-Shirt required S M L XL Please tick
 Note: Shirt size only guaranteed to pre-entries

Declaration: I agree to abide by UK Athletics Laws and understand that the organisers of the race will not be held liable for any injury, loss or illness howsoever caused, resulting from the race

Signature (parent or guardian if under 18).....Date.....

Order form for Show tickets

(Runners have FREE entry)
 Adults (16 and over) @ £6.50

 Senior Citizens @ £4.00

 Children @ £2.00
