

FISHING
FOR
DEATH

Media hooks in young girls with stereotypes,
media beats them down with hate messages
and dangles ideal bodies in front of them,
taunting our girls over the edge
of death.

Their ghosts are plastered on the news, warning us.
We scroll down past them,
maybe read a couple of their stories.
Shake our heads at how
silly they were to
die.

Then we turn off our phone and talk to our friends.
We talk about how
FAT
we are, about how we should
STARVE OURSELVES,
we tell each other about diet tips.
That night we look up ways to get skinnier,
to lose weight.
To stop being so
UGLY.

Media beats us down with hate messages
and dangles ideal bodies in front of us and taunt us over the edge
of death.

Our ghosts are plastered on the news.
We shake our heads
at how silly
we were to
DIE.