

September 2004

PRESIDENT'S PATTER



Hi everyone.

I hope you have all had a great summer. We've had a few hot days, but nothing too severe yet (of course, we still have the Santa Ana winds & days to come in September & October). I hope you all are able to keep cool and comfortable.

Lynda & I went to Alaska and the Yukon Territory on a "cruise/tour" in June and the first part of July. The "frozen north" was in the mid to high 80's, and there were so many fires in Alaska that the skies were often heavy with smoke. The day we went 102 miles up the Yukon River by river boat to Dawson City in the Yukon we went from heavily smoke-laden skies at Eagle, Alaska to just lightly hazy skies at Dawson City. The next day we had almost clear skies...the first in 5 or 6 days. But, all in all, it was a good trip.

I would like to go back someday when we can explore on our own, not on a tour company's schedule.

A few weeks after we got back from that trip, we took a trip to visit cousins in Magalia, Calif. (just north of Paradise) and Mammoth, Calif. One of the places I wanted to see along the way was the California State Mineral and Mining Museum at Mariposa. After enjoying some time there, we had to continue on north to our destination for that night, Placerville. So, we went north on Highway 49. We had no idea ahead of time of the historic significance of Hwy. 49 as California's "Gold Highway".

We enjoyed our trip up the highway through all those "funky" little gold towns so much that we plan to go back up there next spring and spend a week traveling Hwy. 49, exploring the little towns, trying some gold panning, etc.

I'll bet many of you have traveled there before...any tips on some good places to try panning for gold?

Jerry Lohmann, President

MINUTES OF THE GENERAL MEETING

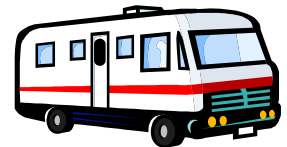
There were no minutes taken at the June meeting.

MINUTES OF THE BOARD MEETING

The next Board Meeting will be Tuesday, September 14, 2004. The Board meets every other month and here is the schedule for the 2004-2004 CRA year.

**Sep 14 - Nov 9 - Jan 11 - Mar 8 - May 10 -
July 12 (picnic planning meeting)**

FIELD TRIPS



????????????? Chairperson
From the Editor --

The following is an Editorial Beg. It is the last one I will do for the year on this subject. If there is nothing submitted in the line of field trips you will only see an empty space here for the rest of the year.

Here is my last attempt at getting this Club to again do some ROCKHOUNDING! :~>

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Well folks, are we going to do anything exciting or boring this year? Let's get off of our butts and do some rockhounding!! There are hundreds of places to go. I will gladly write up the information for any trip, anywhere. I will print the driving directions, the maps, and the list of what to bring, when to bring it and what we will find. Isn't there even one other person that is getting itchy feet to get into their car, SUV, truck, RV, plane or whatever and actually do some ROCKHOUNDING?

Betty Aron Schneider,
Wife, mother, grandmother, nurse, piano student, rockhound, Tektite Editor, genealogist, and webmaster.

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MEMBERSHIP

Phyllis Mahoney and Gary Draper, Chairpersons

This is the beginning of a new year for the CRA. That means that you need to give us some of your money. Dues are due and payable at the September meeting. They are considered late if not paid by the end of the November meeting. If you have not paid your dues by November then you will no longer be a member and no longer will you receive the TEKTITE.

ALL MEMBERS PLEASE COMPLETE THE MEMBERSHIP RENEWAL FORM IN THIS TEKTITE so we know that you still want to be a member. This really means **ALL MEMBERS**. Even if you are an Honorary member over 80 who does not have to pay dues or even if you have been a member for 40+ years. Please complete the form and return it with your dues and/or TEKTITE subscription money.

HOSPITALITY CORNER

Emmeline Ellis, Chairperson



We were missing a few of the "regulars" at the Picnic in August. The **Ellises** were among the missing and we now know why.

For some unknown reason **Al Ellis's** heart decided this would be a good time to give him a bit of trouble. He had a "small" heart attack. He had two blocked arteries and required the placing of two stents to get him back on the road.

Al, you take care of yourself. We are loosing too many members and would like to keep you around for a while longer.

(Ed. Note - There is no such thing as a small heart attack in my book but that was the message as I received it. Please refer to the "From Here an There" column for further information about Heart Attacks and other emergencies.)

Results of the "Elections/Nominations"

Well, here we are at the beginning of a New Year again and **"No one came forward and volunteered"** for any of the offices or committees so it appears that our **current Officers, Board Members and Committee Chairs will remain in office yet another year**. In addition, we will be without the services of a **Vice-President, Field Trip Chair, CFMS Director and Refreshment Chair** for awhile longer.

Each of you who are not holding a position, should again walk up to all that are and give them a great big **"thank you" and a sincere pat on the back**. Because without them you might have to

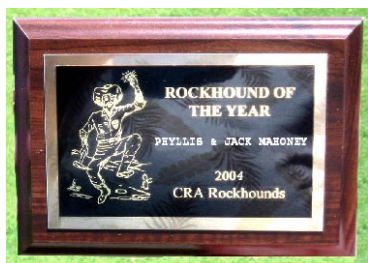
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become a more active member and hold one of those horrible time and energy consuming offices yourself or else at least be part of the **burial team when your Club dies.**

Remember if you want to be wished a **"Happy Birthday"** you must include your month and day of birth on the "Dues" form. You are not required to submit the year unless you are applying as an "Honorary Member" 80 years or over.

ROCKHOUND OF THE YEAR AWARD

This year at the Annual Picnic the Rockhound of the Year was awarded to Phyllis and Jack Mahoney for their years of selfless service to our Club. Congratulations to you both.



PROGRAM

Bob Cadman, Chairperson

Nothing submitted but I know you will not want to miss it.

HAPPY BIRTHDAY TO OUR SEPTEMBER CELEBRANTS



Ron Miller	9/05
Linda Clark	9/10
Elaine Thompson	9/11
Bob Bulick	9/17
Priscilla Frazier	9/25
Ralph East	9/29

FROM HERE AND THERE

The following came from the Internet

Heart Attack Warning Signs

Some heart attacks are sudden and intense -- the "movie heart attack," where no one doubts what's happening. But most heart attacks start slowly, with mild pain or discomfort. Often people affected aren't sure what's wrong and wait too long before getting help. Here are signs that can mean a heart attack is happening:

- **Chest discomfort.** Most heart attacks involve discomfort in the center of the chest that lasts more than a few minutes, or that goes away and comes back. It can feel like uncomfortable pressure, squeezing, fullness or pain.
- **Discomfort in other areas of the upper body.** Symptoms can include pain or discomfort in one or both arms, the back, neck, jaw or stomach.
- **Shortness of breath.** May occur with or without chest discomfort.
- **Other signs:** These may include breaking out in a cold sweat, nausea or lightheadedness

If you or someone you're with has chest discomfort, especially with one or more of the other signs, don't wait longer than a few minutes (no more than 5) before calling for help. Call 9-1-1... Get to a hospital right away.

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Calling 9-1-1 is almost always the fastest way to get lifesaving treatment. Emergency medical services staff can begin treatment when they arrive -- up to an hour sooner than if someone gets to the hospital by car. The staff are also trained to revive someone whose heart has stopped. Patients with chest pain who arrive by ambulance usually receive faster treatment at the hospital, too.

If you can't access the emergency medical services (EMS), have someone drive you to the hospital right away. If you're the one having symptoms, don't drive yourself, unless you have absolutely no other option.

From

[http://www.americanheart.org/presenter.jhtml?identifier=3053#Heart Attack](http://www.americanheart.org/presenter.jhtml?identifier=3053#Heart+Attack)

Does every member of the Convair Rockhound Association know CPR. *When and how to use it to save a life? If not, why not? This can be a source of a "Field Trip" (OOPS!, I said I wouldn't write about those again but it is in the same issue). We can go as a group to the Red Cross, or have someone from the City of San Diego EMS Program come in and teach us the basics. Information is available here -*
<http://www.sannet.gov/fireandems/safety/school.shtml>

I have personally used CPR three times in my life. There are two children running around, going to school, grumbling about homework, giving their parents the "rolling-eyes" look because I knew when and how to use CPR.

The only person I "lost" was my Dad but it wasn't because I didn't do CPR or didn't know how to do CPR. I knew when and how and I tried. Will you be able to say the same thing if someone you love has a heart attack?

Stroke Warning Signs

The American Stroke Association says these are the warning signs of stroke:

- Sudden numbness or weakness of the face, arm or leg, especially on one side of the body
- Sudden confusion, trouble speaking or understanding
- Sudden trouble seeing in one or both eyes
- Sudden trouble walking, dizziness, loss of balance or coordination
- Sudden, severe headache with no known cause

If you or someone with you has one or more of these signs, don't delay! Immediately call 9-1-1 or the emergency medical services (EMS) number so an ambulance (ideally with advanced life support) can be sent for you. Also, check the time so you'll know when the first symptoms appeared. It's very important to take immediate action. If given within three hours of the start of symptoms, a clot-busting drug can reduce long-term disability for the most common type of stroke.

From

<http://www.americanheart.org/presenter.jhtml?identifier=3053#Stroke>

Cardiac arrest strikes immediately and without warning.

Here are the signs:

- Sudden loss of responsiveness. No response to gentle shaking.
- No normal breathing. The victim does not take a normal breath when you check for several seconds.
- No signs of circulation. No movement or coughing.

If cardiac arrest occurs, call 9-1-1 and begin CPR immediately. If an automated external defibrillator (AED) is available

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and someone trained to use it is nearby,
involve them.

From

http://www.americanheart.org/presenter.jshtml?identifier=3053#Cardia_Arrest

FROM THE CFMS NEWSLETTER



SAFETY ARTICLE

By Chuck McKie, CFMS Safety Chairman 2004

HEY! DON'T GET LOST!!!!

You drive out into the desert, into the mountains, into the forest. All alone. Maybe someone else is with you but only one car. BAD IDEA. We' ve all done that. But listen carefully. That IS a bad idea.

You are 150 miles from nowhere. Your car stops. The motor won' t start. You kick the tires. Fiddle with the battery connection. Tinker with this, that and everything else. No luck. You decide to walk out. 150 MILES??? Don' t you remember your safety rules?

- STAY WITH YOUR CAR!!
- Your water supply is good. You did bring water, right? NO? I can' t believe you forgot water. There is plenty of water in your radiator.

DON' T DRINK IT. With antifreeze, it is poisonous. DON' T DRINK THE WATER FROM YOUR RADIATOR!!

- But somebody will come looking for you shortly because you told everybody where you were going. Your friends, the forest service officers - - -ah- - - Noooooo???
- Forget it. You are history. Years from now when someone stumbles on your remains; bleached bones scattered by hungry animals and a few shreds of cloth, they will erect a small wooden cross to mark your spot.
- But let the rest of us go on. We' ll get out of our car and put our noses down into the dusty trail with our eyes glued on the ground so we can see that fabulous find we are looking for. We' ll stagger this way and that for half an hour, an hour, or 2 or 3. Finally looking up we turn expectantly to look at our car. Our Car! Where is it? It should be right over there! It is really amazing how far we can go when we are just looking here and there.
- Now what?
- If you are a good Indian tracker, just follow your footprints. I' m more Indian than most of you and even I probably can' t do that.
- SO?

SO! So far we haven' t done very well in our safety planning. Score about a fat round zero. But there is something you could have done. Something YOU can do!

Besides bringing water (and other safety equipment), telling others where and when you are going, getting others to drive with you, you can get a GPS. (Global Positioning System) Realistically I know that very few of you will buy one. I have one, Dick Pankey and Joe Hafeli (also past Field Trip Chairmen have and

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use them.) It is a small hand held device similar to a cell phone.

The military has installed a world wide coverage of satellites so that their airplanes and ships (and now individual people also) can determine exactly where they are anywhere in the world. To within about 15 feet and that includes elevation also. It is a system that uses 3 or more satellites, which transmit signals down to the GPS device, which mathematically triangulates the data to determine your location.

Some expensive cars now have built in a GPS, which also have transmitters to send a signal up to the satellite so its location can be tracked. The hand held GPSs only have receivers.

Most GPSs track your route and display in on a map and they have a program by which you can backtrack yourself.

BUT THIS IS THE REAL TRICK. Don' t get lost. Here is how. At some point in your trip, stop and take a reading. Write it down on paper. Yes, the information is on your GPS and you can enter it as a "Way Point." WRITE IT DOWN!

The batteries in the GPS don' t last very long. If you have to replace your batteries (YES YES YES take extra batteries) the information is lost. If you have the coordinates written down, after replacing your batteries you can reenter them in your GPS.

The route will not be there but your destination (where you came from) will be and you can guide yourself safely back.

My GPS is about 15 years old and not the best. Maybe the newer ones have better programs.

My duty to you is to try to keep you safe. I' ve done my best to keep you alive. Try it and I' ll see you down the road.

BIG PINE EARTH SCIENCE SEMINAR - CANCELED

By Cal Clason, Chair. Earth Science Seminars

As of July 15, 2004, I canceled the Big Pine Seminar due to a lack of participation & registration. There were less than 15 people registered so far and most of them on the day camp routine. I just could not justify proceeding without the revenue to at least defray most of the expenses. I still feel that it is a good project and will review what we did and didn' t do and perhaps resurrect it in the future.

I am requesting that Pat La Rue make a full refund to those who did register. I regret having to take this action; but under the circumstances felt it was necessary.

Camp Paradise is September 12-19 and 19-25, 2004. Registration forms were in July newsletter and on website after June 15. It will fill quickly. I encourage everyone to send forms in early, limit to 60 persons per session. We offer classes in soft stone carving, lapidary, silver fabrication, head making and Dichroic glass fusion, copper enameling, faceting, lost wax casting (first week only) Flex shaft gem stone carving. I asked instructors prerogative to limit their classes to newer students, so your first choice of class may be full. The CLOSING DATE is AUGUST 1, 2004.

April 3-10, 2005 are confirmed for Zzyzx. We will be celebrating the 20th anniversary of Earth Sciences and Zzyzx with special events. An Open House on April 9th with steak & chicken Bar-B-Cue. A tour of the facility, highlighting it' s historical past, present status and future. Applications should be in the November newsletter and on the website in November. Long range for Camp Paradise, dates are the week following Labor Day, September 11-25, 2005 with applications available in May or June, 2005.

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ROCK BOTTOM

ROCKHOUNDS



By
Myrl Pope
Jennings

Rockhounds come for this treasure,
Devonian life in gen'rous measure –
Trilobites, briophytes, maybe ammonites –
Fossil forms of life from long ago.
The land was then in everlasting summer,
With tidal pools and shallow warm lagoons;

Sometimes whipped to measureless destruction
By tropical but violent typhoons.
But a quarter of a billion –
Just two hundred fifty million –
These are the years that are lost in the spheres
Since these early creatures lived on the earth.

Dolores, you are the "Rock Bottom" top with us. Thank you for your continuing artistic contributions .!